

# Environmental enrichment in laboratory mice and rats

## Introduction

- Environment in laboratories may deprive animals of their ability to perform species specific behaviours.
- Cages addresses ergonomical and economic needs rather than animal welfare needs
- Environmental enrichment is a way to enhance animal welfare and reducing abnormal behaviours that can otherwise occur.

## Conclusion

**Even simple enrichment may have great potential in reducing stereotypic behaviours, increase exploratory behaviour and thus enhancing well-being**

## Objective

**Environmental enrichment for mice and rats enhance welfare and decrease anxiety and stress related behaviours.**

## Setup



### Experiment I

- 30 female mice
- Nesting material as enrichment
- Undisturbed behaviour in homecage



### Experiment II

- 36 male rats
- Foraging enrichment
- Undisturbed behaviour in homecage



## Results- from the ANOVA test

Significance was seen in nesting, grooming, climbing, sleeping and feeding for both the time aspect and the enrichment aspect.

Behaviour	Time			Enrichment	
	df	F	P	F	P
Nesting	2	17.38	.003	69.5	<.001
Grooming	2	5.08	.05	.28	.61
Climbing	2	134.1	<.001	1.09	.32
Mounting	2	.33	.58	1.92	.20
Sleeping	2	31.1	.001	.003	.96
Other behaviour	2	4.47	.07	.08	.78
Fighting	2	7.81	.23	2.7	.14
Feeding	2	18.28	.003	.008	.99
Diarrhea	2	8.53	.02	1.69	.23

Significance was seen in other behaviours, feeding, rearing, out of sight, grooming and digging for both the time aspect and the enrichment aspect.

Behaviour	Time			Enrichment	
	df	F	P	F	P
Grooming	2	.05	.83	5.51	.04
Digging	2	2.7	.13	8.38	.02
Fighting	2	.04	.85	2.79	.13
Sleeping	2	.89	.37	7.19	.02
Other behaviour	2	8.92	.01	2.09	.19
Feeding	2	4.89	.05	1.38	.27
Rearing	2	17.9	.002	81.50	<.001
Out of sight	2	9.47	.01	20.59	.001